

GOAL SETTING TOOL

If you want to make some serious changes in your life, business, or career, creating specific goals is essential! Goals will help you stay focused, motivated, and keep you accountable. This goal-setting tool will help you take the necessary steps needed to place you on the path of success, regardless of what you want to accomplish. Use the form below to map out your goals and take them from idea to paper.

GOAL	BY HOW MUCH (MEASUREABLE)	BY WHEN (DEADLINE)	START DATE	TIME FRAME	PRIORITY	PLAN MADE TO REACH IT
EXAMPLE: Lose weight	25 pounds	March 30	October 5	6 months	No. 1	<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>
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						<input type="checkbox"/>

